

University Advisors' Network
Wednesday, February 15th
9:30-11:00am

Welcome and review of [January minutes](#)

Heidi Waltz
Claire Robinson

Attendees: Lilly Benitez, Jillian Bigony, Jane Bouknight, Rebecca Boyd, Heidi Bretz, Bill Brown, Della Bryant, Claudia Carriere, Mike Dial, Michaela Donahue, Nora Dragovic, Lauren Epps, Pinkney Epps, Amber Fallucca, Teresa Floretin, Marci Heidt, Dawn Hiller, Shamauri Jenkins, Sarah Jusiewicz, Deanie Kane, Kristi Kinslow, Alison Leach Huges, Sophie Legare, Xinfeng Liu, Laken Long, Alan Marsee, Jessica McCartha, Sabrina McClure, Jaqueline McClary, Alexis McGill, Alexis Mynio, Connie Outen, Amanda Shores, Jordan Simmons, Sonya Singleton, Catherine Studemeyer, Charles Tisdale, Donna Watson, Josh Weakland, Lourie White

- Mark Anthony is retiring on February 28th from the University after being here for 10 years.
- Minutes were approved

Academic Advising updates/highlights/successes

- Pick up where we left off in January when we ran out of time.
- Upcoming training – sc.edu/advising for a full calendar of workshops
- The Chronicle of Higher Education December 2022 issue profiled Advising at USC as 4th in the nation. Issue called The Future of Advising
- Chronicle issued New Pathways from College to Careers – What employers look for when hiring new graduates – experiential learning – Internships is top Major, Leadership position is next
- Highlights/success/updates – advising strategy, DEI, updates to majors and programs, conversations about 4 year advising
- Caleb Morris - ASPH- 5 new advisors in PH, all of the advisors have additional duties – one works with recruitment, major change, transfer advisement; prioritize in person advising 98% in person advising, moving toward a 4 year model
- Donna Watson – Education – excited having a new bachelor degree in Fall 2023 – Bachelor of Special Education – interest from freshman and transfer – moving back to the 4 year advising model that they used before the inception of the UAC. Like the idea of the student being assigned to the first year advisor that will continue to be the advisor for all 4 years
- Sarah Jusiewicz – CEC – has moved to the 4 year advising model, have 11 advisors, learning what the upper classmen needs are so they are going to reassess. Did not want to leave the faculty behind, using a Faculty Fellows program. They are serving as a contact for the advisors; post covid communications – we have streamlined the strategy- implemented a bi-weekly meeting to be able to shift; student responsibility in the spring; a lot of students not doing well in the fall and the spring semester advising; have a workshop with the student to create a new major map.

- https://www.sc.edu/study/colleges_schools/engineering_and_computing/internal/undergrad_resources/advising_registration/index.php
- Nora Dragovic – CAS – before announcement – we were working toward hiring more advisors (8), been approved for 3 more positions – we will have 21 total advisors – with the 2nd SEOE advisors will bring them to 4 year advisors; even having 5 UAAs in Biology does not get us to 4 year advising. Building community among the UAAs has been a focus for us. 30 – 42 is the magic number to get to 4 year advising
- Rebecca Boyd – CIC – Sabrina McClure has won the Commitment to Advising Award; great conversation between advisors and faculty on the curriculum; early discussion of interdisciplinary programs; completely revamped the admitted students day program
- Jillian Bigony – Music - all student required to take recital course – hybrid of online modules and attend performances; SPARK offers opportunities to build on leadership/musicianship skills and has a pro-skills workshop with advising/curriculum/career information for a good solid understanding to set goals academically and professionally; 10 year reaccreditation review one of the big things complimented the resources we had on the advising resources and the 4 year advising model and use of degreeworks and major maps. Received full accreditation without any caveats for improvement.
- A lot of conversation about Four Year Advising. This is going to be a highly collaborative effort. It will go full scale over 2 years per President
- Just for a future conversation is should we consider a renaming of "four-year advising" as students are part-time, delays etc. – this may be more of an internal naming

Overview of [The Resiliency Project](#)

Dr. April Scott
Associate Director of Mental Health Initiatives

- Created for students; started with housing
- Ending up learning that students are not interested in programming
- Found that faculty and staff really liked it
- How do you define resiliency? Ability of a substance or object to spring back into shape; capacity to recover quickly from difficulties; acknowledge the stress; so you don't get stuck in it
- Important aspects of resiliency
 - leads to healthier behavior.
 - self-compassions and connections made on campus were the top predictors of thriving in a recent longitudinal study of college freshmen;
 - it contributes to reduced risk-taking behaviors including excessive drinking, smoking, and use of drugs.
 - Resilience is related to lower absences from work or school due to sickness;
 - higher levels of resilience related to better overall physical and mental health
- Concepts that emerged -
 - promoting growth mindset,
 - dealing with failure,
 - developing friendships and healthy relationships,
 - increasing belonging,
 - compassion for others,

- dial back perfectionism.
- covid made us lose our social skills which causes withdrawal;
- we have children of helicopter and snowplow parents
- Resilience is important to me because we are at a time in life where sometimes we need to learn from failure in order to redirect us and persevere to our goal
- The Resiliency Project Focus areas –
 - core identity and values;
 - self-compassion;
 - reframing failure;
 - my resiliency coping skills plan
- 4 weekly small group sessions with individual practice between
- Use the feeling wheel to help figure out the coping skill needed
- 4-part series offered through OPD – March 15, 22, 29 and April 5 time 12-1 - virtual
- 60-minute resiliency blueprint available – can be online or in person

Overview of Student Health Services & Immunization Holds **Michelle Gough**
Senior Director of Clinical Services

- Spring and fall semester hours – M-F 8-5; Sunday Clinic hours 12-6
- Encourage appointments
- 200 staff – physicians, nurse practitioners, psychiatrists, nurses, educators and advocates, pharmacy, physical therapist, radiology and lab technicians
- MyHealthSpace is the patient portal used to make appointments and to communicate between patients and our providers
- Contact information: sc.edu/healthservices 803-777-3175; Counseling and Psychiatry 803-777-5223
- Travel clinic – to help students that are traveling abroad and find out which shots are needed
- Thrive@Carolina is a 24/7/365 mental health support line. You can call the support line at 833-664-2854. They can do telehealth for prescriptions and help to connect with somebody to assist them in person in their area
- Compliance with all immunization, post screening tests, treatment regimens and monitoring is Mandatory. Students not fulfilling cannot register for classes.
- Students born 1957 or later must show proof of immunity of measles, mumps, and rubella
- Exemption for distance learners must provide that they are a distance learner and have to do it each semester.
- Prior to attending Meningitis must be administered
- SHS is not able to request records on behalf of the student
- Tuberculosis screening – all students must complete a questionnaire and risk assessment
- All incoming students will have an immunization hold on their account
- Student enters vaccine data through MyHealthSpace then upload a copy of their immunization record; then the staff verify then the status is turned to compliant
- The information will be sent to Banner several times/day. Banner will then lift the immunization clearance holds for compliant students at midnight
- We have 2000 students at the University that we do not know their immunization status

- Exemptions – medical exemptions by a physicians; religious exemption use the university form and must be notarized
- There are only 5 people allowed to lift the holds due to banner.
- Orientation temporary lifts – Banner stipulates the hold lift for 24 hours only.
- Don't mail the immunization record. Student should scan.
- Can you tell us about the timing of communication with students? When are they first notified, they need to be in compliance? They get a ToDo List; then we send a post card, and then message them in HealthSpace
- It was asked if it could be a requirement to register for Orientation - It is on their task list to complete prior to New Student Orientation as well as the admitted student packet from admissions. When students are admitted, they can see their "Next Steps" or "Enrollment Steps" in their UofSC Admissions Portal, which includes immunization information.
- Allison and Mike are working on the RAC room concept for improvements
- UAC have set up a website for all to view
- On the Website for Registration Hold – Immunization Hold – will link to Clear Immunization Hold with the screen shots from the presentation
- We have 92 students with immunization holds currently

Announcements

- Education minor has a program number change – EDLP 517 changed to EDLP 317 still fall only – change is for Fall 23
- DEI committee is looking for new members

Adjourn